



BAYS Winter Opti Series #4 Regatta
Peninsula Youth Sailing Foundation (PYSF) & Sequoia Yacht Club
 March 19 & 20, 2011



SAILING INSTRUCTIONS

1. RULES:

- 1.1. Regatta will be governed by the 2008-2012, Racing Rules of Sailing (RRS), rules of each class and the Notice of Race, except as modified by these Sailing Instructions.
- 1.2. Each boat will be required to display sail numbers.

2. SAFETY:

- 2.1. Competitors shall provide and wear USCG approved personal flotation devices (PFD) at all times while on the water. Wet or dry suits are recommended for warmth, but are not substitutes for a PFD.
- 2.2. Competitors shall keep clear of all large ships or commercial traffic at all times. Violation of this rule is subject to protest and disqualification, which will be DNE.
- 2.3. A boat that retires from a race shall notify the Race Committee before leaving the course or if that is not possible, immediately after arriving ashore.

3. NOTICE TO COMPETITORS: Notices will be posted on the Official Notice Board located on the dock next to the scoring center while the race committee is conducting races. Upon returning, the Notice Board will be located in the Regatta Room of the Sequoia Yacht Club.

4. CHANGES IN THE SAILING INSTRUCTIONS: Any changes to the Sailing Instructions will be posted by 1000 on the day they will take effect, except that any change to the schedule will be made by 1800 on the day before the race.

5. BOATS: Optimist Green and Championship Fleets

6. SCHEDULE OF RACES:

Saturday March 19

0830	Registration & Check in (closes at 9:30)
1000	Championship and Green Fleet skippers' meeting
1045	Harbor start for championship fleet. Lunch on the water. Bring your own lunch.
1100	Harbor start for Green fleet. Lunch at the PYSF doc (per Green fleet PRO).
1600	No warning signal after this time.

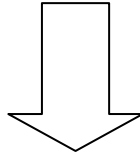
Sunday March 20

0830	Hot breakfast available at Sequoia Yacht Club for competitors (all others \$5)
1045	Harbor start for championship fleet. Lunch on the water. Bring your own lunch.
1100	Harbor start for Green fleet. Lunch at the PYSF doc (per Green fleet PRO).
1530	No warning signal after this time.
1700	Award ceremony at Sequoia Yacht Club

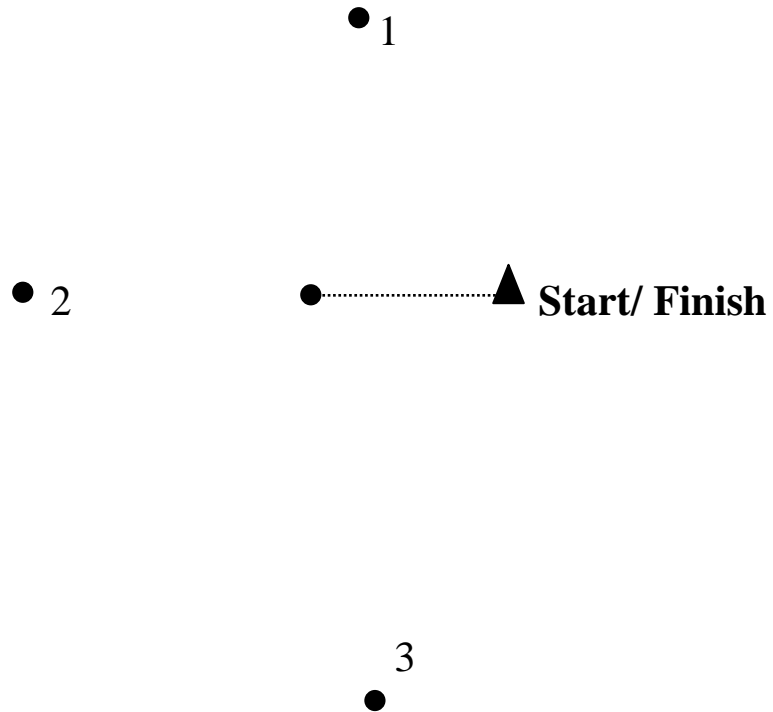
- 6.1. The race committee will attempt to conduct racing as rapidly as possible
 - 6.2. Awards following the last race at the Sequoia Yacht Club.
7. **PROTESTS AND REQUESTS FOR REDRESS**
 - 7.1. Protest forms are available at the Scorer's Table at the Sequoia Yacht Club on the other side of the boat harbor from the launching area. Protests, and requests for redress or reopening shall be delivered there within the appropriate time limit.
 - 7.2. The protest time limit is 25 minutes after the race committee signal boat docks. The race committee shall post the time of docking on the official notice board as soon as practical.
8. **RACING AREA**
 - 8.1. The racing area will be in the South San Francisco Bay – South of the San Mateo Bridge and North of Red Day Marker "4" with a secondary racing venue reserved in Turning Basin. It will be the sole decision of the PRO to choose the venue each day due to wind and current conditions. The Green Fleet will race in the Turning Basin.
9. **COURSES AND MARKS:**
 - 9.1. Course diagram is at the end of these Sailing Instructions.
 - 9.2. Marks 1, 2, & 3 will be temporary Yellow or Orange buoys.
10. **THE START (Championship Fleet)**
 - 10.1. The starting line will be between a staff displaying an orange flag on the committee boat and the orange starting mark.
 - 10.2. No later than the warning signal, the race committee signal boat (RC) will display one or more Class Flags and the Course number.
 - 10.3. A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start (DNS). This changes rule A4.
 - 10.4. If code flag "I" and/or "Z," or the black flag has been displayed, the Race Committee may attempt to hail the sail number(s) of boats on the course side of the starting line or its extension **during the minute before** her starting signal. Failure of the Race Committee to hail, failure of the amplification system, the order of the hail, or failure of a boat to hear a hail shall not be grounds for a request for redress. This instruction changes RRS 41 and 62.1.
 - 10.5. Any starting penalties from races that are abandoned after the starting signal and not re-sailed on the same day will not carry over to those races if they are re-sailed on another day in the regatta. This changes rules 30.2 and 30.3.
11. **TIME LIMITS**
12. **RECALLS:**
 - 12.1. **Individual Recall:** For over early boats under 29.1 or 30.1, the individual boat's sail number will be hailed, with one long sound signal. An "X" flag may be displayed. Nothing shall relieve a boat of her obligation to make a proper start.
 - 12.2. **General Recall:** For a General Recall, two long sound signals will be signaled with display of 'First Substitute'. One minute after drop of First Substitute (one sound) the regular restarting Warning sequence will begin. After a General Recall, the Round the Ends provision of RRS 30.1 will automatically apply without display of the I flag. This changes RRS 30.1.

13. **SHORTENING OR ABANDONING:** Courses will not be shortened during the race, but may be abandoned at the discretion of the race committee.
14. **CHANGING THE POSITION OF A MARK:** The position of a mark may be changed at any time without notice, except that it shall not be changed when there is a boat on the leg to pass or round it.
15. **FINISH LINE:** The Finish Line shall be between an Orange flag on committee boat on the Port end and a White or Orange buoy at the starboard end.
16. **TIME LIMIT:** The time limit for a race is 60 minutes. A boat finishing more than 20 minutes after the first boat finishes will be scored DNF. Green Fleet Opti times/scores will be at the discretion of the RC.
17. **SCORING**
 - 17.1. The Low-Point Scoring System, RRS Appendix A, will be used.
 - 17.2. One race is required to complete the regatta.
 - 17.3. When fewer than six (6) races have been completed, a boat's series score will be the total of all of her race scores. When from six (6) to eleven (11) races have been completed, a boat's series score will be the total of her race scores excluding her worst score. When twelve (12) or more races have been completed, a boat's series score will be the total of her race scores excluding her two (2) worst scores.
18. **PROTESTS:** Protesting boats shall inform the Race Committee of the boat being protested immediately after finishing. In accordance with Optimist Class rules, a protest flag must be flown by the protesting boat. This instruction amends RRS 61.1(a).
19. **COACHING**
 - 19.1. Team leaders, contestants, coaches and other support personnel may go afloat in the racing area.
 - 19.2. There shall be no coaching during races. (With the exception of the back half of the Green Fleet Optis)
 - 19.3. Competitors shall not communicate with a coach before reporting to the Race Committee the intent to file protest. Coaches shall not assist in preparation of protests or discuss protests with a competitor until the protest has been decided.
20. **PRIZES:** Awards will be presented to the top three finishing teams in each division.
21. **OFFICIAL NOTICE FOR ALL REGATTA PARTICIPANTS:** No contestant shall use, either on or off the water, alcoholic beverages (beer, wine and distilled spirits), or use any controlled substance (marijuana, cocaine, etc.) the possession of which is unlawful. Infringement of these regulations and/or other off-water discipline expectations occurring from the time competitors arrive at the Sequoia Yacht Club at any time from March 19, 2011 until departure on March 20, 2011 will be the basis for disciplinary action. Discipline problems and regulation of this enforcement will be handled promptly by the Sequoia Yacht Club by a group to be composed of three adult members selected by the Race Committee. The Discipline Hearing Board shall, at a time and method selected by them, meet to hear said problems. Their decision to impose scoring penalties or other sanctions as they alone deem appropriate, including summary removal from the entire regatta, shall be final. No appeal will be permitted See RRS 2, 5, and 69.

COURSE CHART



WIND



Course 1: Start-1-3-Finish

Course 2: Start-1-2-3-Finish

Course 3: Start-1-3-1-3-Finish

Course 4: Start-1-2-3-1-3-Finish

*Note angle may vary on reach legs