

**2009 San Francisco Bay Optimist Championship and BAYS Optimist Winter Series #2
October 24-25, 2009**

Hosted by PYSF/Sequoia Yacht Club

SAILING INSTRUCTIONS

Posted October 19, 2009

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. "Conditions governing USODA Events" will apply, and can be found at www.usoda.org/.
- 1.3. RRS 61.1(a)(2) is deleted. A boat is therefore required to display a red flag if she intends to protest concerning an incident in the racing area, and shall continue to display it until she has reported her intention to protest.
- 1.4. RRS 61 is changed as follows: A competitor shall inform the committee boat of its intention to protest, including sail number of the protested boat, immediately after finishing.
- 1.5. If on the water judging of rule 42 (Propulsion) will be used "Appendix P, "Special Procedures for Rule 42", will apply. P2.1, "First Penalty" is changed to read, When a boat is first penalized under instruction P1 her penalty will be: (a) if her penalty is signaled prior to finishing: a two-turns penalty under RRS 44.2. If she fails to take it she will be disqualified without a hearing. (b) if her penalty is signaled after she finishes: ten (10) points added to her score for that race."
- 1.6. RRS 63.7 is replaced with: "If there is a conflict between the sailing instructions and the notice of race, the sailing instructions shall apply."

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the west-side window of the PYSF office near the handicap parking slots next to the harbor restrooms.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the official notice board before 0830 on the day that it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.

4. SIGNALS MADE ASHORE AND LAUNCHING

- 4.1. Signals made ashore will be displayed from the flagpole at the PYSF office PYSF office near the handicap parking slots PYSF office near the handicap parking slots next to the harbor restrooms.
- 4.2. When code flag "AP" is displayed, "1 minute" is replaced with "not less than 45 minutes" in Race Signal "AP."
- 4.3. Launching will be done by fleet. Championship Fleet first, followed by Green Fleet.

5. SCHEDULE OF RACES

Day / Date / Time	Activity
Saturday, October 24	
0800	Continental Breakfast - near the Grass Rigging Area

0830	Check in and Registration - near the Grass Rigging Area
0945	Coaches and Safety Boat meeting (mandatory) - near the Grass Rigging Area
1000	Competitors meeting (mandatory) - near the Grass Rigging Area
1100	First Warning Championship Fleet. Lunch on Water
1115	Harbor Start for Green Fleet. Lunch at PYSF Dock (time at discretion of Green Fleet PRO)
1600	No first warning signal after
Sunday, October 25	
0800	Continental Breakfast - near the Grass Rigging Area
0945	Coaches and Safety Boat meeting (mandatory) - near the Grass Rigging Area
1000	Competitors meeting (mandatory) - near the Grass Rigging Area
1100	First Warning Championship Fleet. Lunch on Water
1115	Harbor Start for Green Fleet. Lunch at PYSF Dock (time at discretion of Green Fleet PRO)
1530	No first warning signal after

The race committee will run as many races as practical each day. Eight races are scheduled, with one race constituting a regatta.

The Green Fleet sailors' schedule will be the same through the first competitors meeting at which point a second, separate meeting for Green Fleet sailors will be conducted and the remainder of the schedule for that fleet will be announced.

6. RACING AREA

The racing area will be in the South San Francisco Bay – South of the San Mateo Bridge and North of Red Day Marker “4” with a secondary racing venue reserved in Turning Basin. It will be the sole decision of the PRO to choose the venue each day due to wind and current conditions. The Green Fleet will race in the Turning Basin.

7. THE COURSE

SI Addendum 1 illustrates the course, including the approximate angle between legs, the order in which marks are to be passed, and the side on which each mark is to be left. The course length and exact configuration will be based on sailing conditions.

8. MARKS

- 8.1. Mark 1 will be a large orange inflatable cylinder, Marks 2S and 2P will be large orange inflatable cylinders. The Windward Offset Mark will be a small green round ball.
- 8.2. The Starting Marks will be a yellow flag on the race committee signal boat at the starboard end of the starting line and the large orange inflatable cylinder at the port end.
- 8.3. The Finishing Marks will be a race committee finish boat at one end and a small yellow round ball at the other end.

9. RESTRICTED AREAS (see also SI 19 and SI Addendum 1)

- 9.1. The racing area is the space encompassing the course and the starting area. It extends 100 yards beyond any racing boat and all marks. Except as permitted by SI 19, only competing boats and official boats (designated as such by the race committee) may enter the racing area while boats are racing.
- 9.2. The waiting area is the area to leeward of the racing area below the starting line.

10. THE START

- 10.1. The starting line will be between a staff displaying yellow flag on the committee boat and the orange starting mark.
- 10.2. At least one minute prior to the warning signal of a race, the race committee will hoist its yellow starting line flag with a sound signal.
- 10.3. A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start (DNS). This changes rule A4.
- 10.4. If code flag "I" and/or "Z," or the black flag has been displayed, the Race Committee may attempt to hail the sail number(s) of boats on the course side of the starting line or its extension **during the minute before** her starting signal. Failure of the Race Committee to hail, failure of the amplification system, the order of the hail, or failure of a boat to hear a hail shall not be grounds for a request for redress. This instruction changes RRS 41 and 62.1.
- 10.5. Any starting penalties from races that are abandoned after the starting signal and not re-sailed on the same day will not carry over to those races if they are re-sailed on another day in the regatta. This changes rules 30.2 and 30.3.

11. THE FINISH

Downwind Finish. The finish line will be between a staff displaying an yellow flag on the race committee boat and the yellow end finish mark. The finish will be downwind.

12. RETURN TO THE STARTING AREA

- 12.1. All other boats that have finished shall immediately sail 50 yards to leeward of the finish line shown in SI Addendum 1.

13. ON-WATER PROTEST COMMITTEE

- 13.1. On-water protest committee boats will fly code flag ["J"].
- 13.2. In addition to enforcing RRS 42, the protest committee will be watching to see if boats break a rule of Part 2 (When Boats Meet) or RRS 31 (Touching a Mark). When the protest committee sees a boat break such a rule, it may make one sound signal but will not display any flag nor hail any sail number. If no boat takes a penalty under RRS 31.2 or 44.1, the protest committee may protest one or more boats.

14. TIME LIMITS

- 14.1. The time limit for the first boat in a race to sail the course and finish is 90 minutes.
- 14.2. Boats failing to finish within twenty (20) minutes after the first boat in a race sails the course and finishes will scored Did Not Finish (DNF) without a hearing. This instruction changes RRS 35, A4, and A5.

15. PROTESTS AND REQUESTS FOR REDRESS

- 15.1. Protest forms are available at the Scorer's Table at the Sequoia Yacht Club on the other side of the boat harbor from the launching area. Protests, and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.2. The protest time limit is 45 minutes after the race committee signal boat docks. The race committee shall post the time of docking on the official notice board as soon as practical.

- 15.3. The protest notices required by RRS 63.2, and the notification of protests by the race committee or the protest committee required by RRS 61.1(b), will be posted on the official notice board as soon as possible after a protest has been delivered, but not later than 30 minutes after the protest time limit.
- 15.4. Hearings will be held at the Sequoia Yacht Club on the other side of the boat harbor from the launching area. The helmsman shall represent the boat. This changes RRS 63.3(a). Representatives of boats who are parties to a hearing and their witnesses shall remain on call in the vicinity of the Judges' Area.
- 15.5. A list of boats penalized for breaking RRS 42 will be posted as soon as practical after racing.
- 15.6. If the race committee posts a list of boats scored OCS, ZFP or BFD on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than one hour after the protest time limit. This changes the first sentence of rule 62.2.
- 15.7. Requests for redress relating to possible scoring errors will initially be reviewed by the race committee before being scheduled for hearing by the protest committee. This instruction changes RRS 63.1.
- 15.8. Requests for redress relating to an OCS or starting penalty shall state the procedural error the competitor believes the race committee may have made. Further, the competitor will be expected to establish that he or she started properly. This changes rule 62.2.
- 15.9. A breach of SI 4.3, 10.2, 12, 15.12, 17, 19 and 20 will not be grounds for a protest by a boat. This changes RRS 60.1(a).
- 15.10. The penalty for the first time a boat breaks any of SI 4.3, 10.2, 12, 15.12, 17.1, 17.3, 19.2 (a) or 20 shall be a ten (10) point scoring penalty. The penalty for subsequent occurrences will be at the discretion of the protest committee and may be less than or greater than DSQ.
- 15.11. On the last day of the regatta a request to reopen a hearing shall be delivered (a) within the protest time limit if the party requesting reopening was informed of the decision before that day, or (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes RRS 62.2 and 66.
- 15.12. A boat that has taken a penalty under RRS 31.2 or 44.1 shall complete and sign the acknowledgment log at the protest committee desk near the Judges' Area.

16. SCORING

- 16.1. The Low Point Scoring System of RRS Appendix A will apply.
- 16.2. One completed race shall constitute the regatta.
- 16.3. When fewer than six (6) races have been completed, a boat's series score will be the total of all of her race scores. When from six (6) to ten (10) races have been completed, a boat's series score will be the total of her race scores excluding her worst score. When eleven (11) or more races have been completed, a boat's series score will be the total of her race scores excluding her two (2) worst scores.

17. SAFETY REGULATIONS

- 17.1. A competitor retiring from a race shall notify a race committee boat or safety boat before leaving the course, or notify the race committee immediately upon returning to shore.
- 17.2. In addition to the requirements of rule 40 and its US Prescription, a condition of entry and participation in this regatta is the wearing of a **US Coast Guard approved PFD** properly secured at all times while on the water, except for brief periods while removing or adding clothing. Wet suits, dry suits and inflatable PFD's do not constitute adequate personal buoyancy. Failure to wear one will result in a penalty up to and including disqualification at the discretion of the protest committee.
- 17.3. Each competitor shall have a whistle attached to their PFD at all times while on the water.
- 17.4. Each boat shall have a secure loop in the end of its bow line.

18. EQUIPMENT AND MEASUREMENT

- 18.1. Boats are allowed only one hull, dagger-board, rudder (including tiller and extension), mast, boom, sprit, and sail during the regatta. Substitution of damaged equipment must be approved by the race committee as soon as practical.
- 18.2. Measurement may be made of boats at anytime during the regatta by the measurement boat or at the direction of the race committee.

19. COACH AND SUPPORT BOAT REGULATIONS (see also SI 9 and SI Addendum 1)

19.1. General coach and support boat requirements

- a. Coach boats and support boats shall not display distinctive markings or signaling apparatus, or any flags other than their ensign while any boats are racing. Coach boats shall carry a working VHF radio and monitor the race committee channel when possible, particularly in windy or threatening weather.
- b. Coach and support boats shall follow the instructions of race committee, safety, protest committee, and race management boats.
- c. No coach or support boat shall tie up to or congregate around any aid to navigation, such as buoys or channel markers.
- d. All coach and support boats shall be capable of anchoring in 50 feet of water.

19.2. Restrictions

- a. All coach and support boats shall stay clear of the racing area at all times while boats are racing, except where permitted in this instruction.
- b. All coach and support boats shall stay more than 100 yards away from any racing boat and move slowly and with minimal wake.
- c. After the first start of a race, coach and support boats may exit the waiting and proceed **WITH NO WAKE** to the weather mark up either side of the racing area.
- d. Coach boats (not support boats) may enter the area leeward of the finish line as boats are finishing and briefly talk to sailors provided they stay well clear of any racing sailing boat.

19.3. Penalties

- a. Competitors shall not be affiliated with any coach or support boat that breaks SI 19.
- b. Coaches or support boats that break SI 19 may be subject to disciplinary actions up to and including exclusion from the venue.

20. ENVIRONMENT

Discharge of trash into the water by competitors, support boats, race committee or protest committee is prohibited.

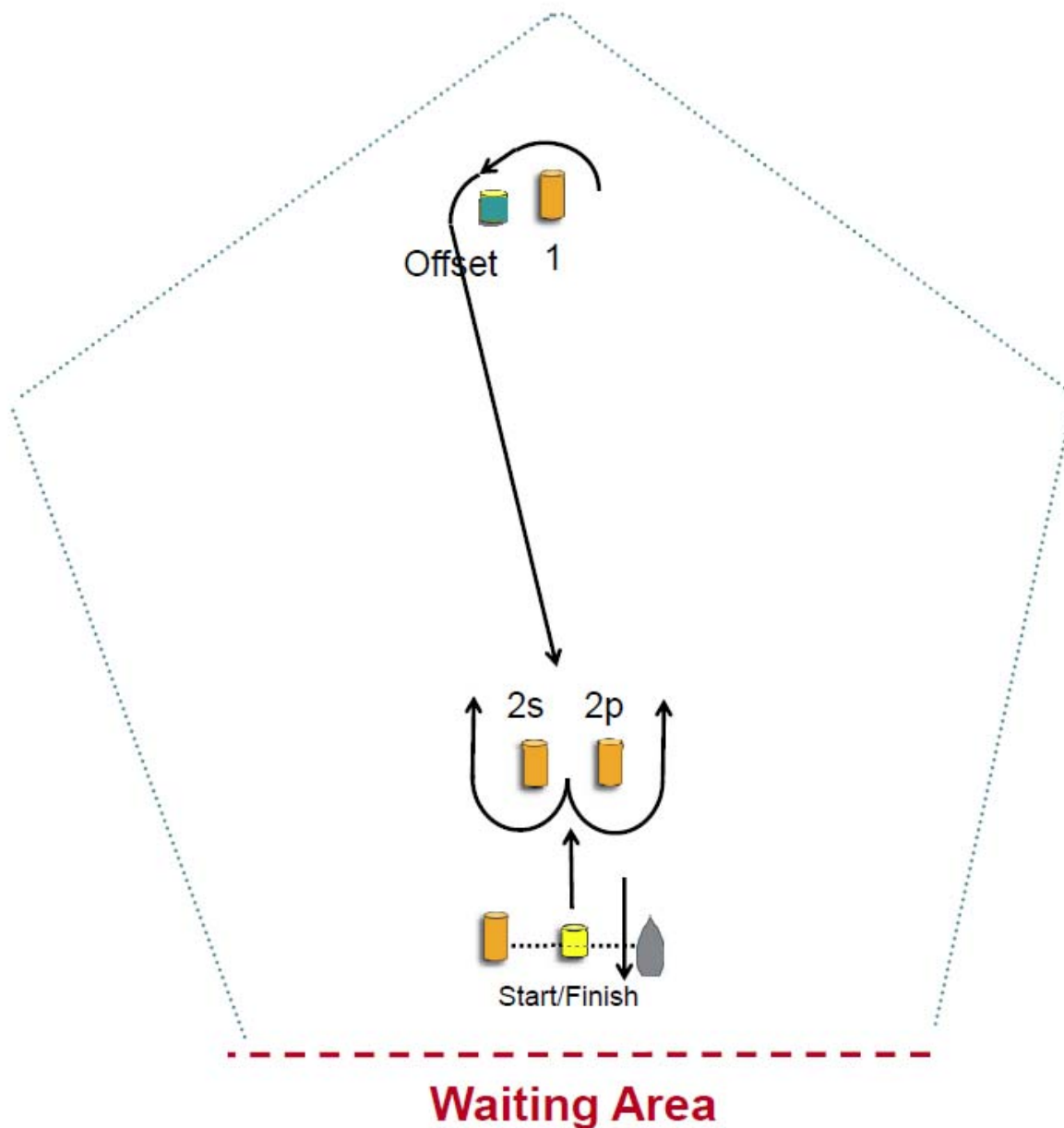
21. PRIZES

Prizes will be awarded according to the notice of race. Subsequent prizes may be awarded at the discretion of the organizing authority.

22. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. A waiver must be signed by all competitors and their parent/guardian.

SI ADDENDUM 1 - Race Course and Restricted Areas (see also SI 9, 10, 11, and 19)



- Course #1: Start, 1, Offset, 2S or 2P, 1, Offset, Finish.
- Course #2: Start, 1, Offset, 2S or 2P, 1, Offset, 2S or 2P, 1, Offset, Finish.
- Course #3: Start, 1, Offset, 2S or 2P, 1, Offset, 2S or 2P, 1, Offset, 2S or 2P, 1, Offset, Finish.

Racing area is marked in dots

Waiting Area windward edge marked by red dashes